



Mª DOLORES PÉREZ SANCHO

FANTASTIC & REALISTIC

SPAIN

My presentation will try to explain for the **most common surgical reconstructions carried out after a mastectomy**.

Each type of breast **reconstruction** requires a different protocol when it comes to Micropigmentation; we will review all those protocols, and also, before and after pictures of all of these techniques.

Using **micropigmentation** we can create a hyper realistic areola, no matter whether the surgeon has created the nipple or there is no nipple any more. We will be working with different shades of pigments and different techniques, to create light and shadow effects so that we can perform a very natural work. You will learn to do the measurements to create a symmetrical contralateral areola, also in cases of bilateral mastectomy.

Typically, when a **breast reconstruction is performed**, the contralateral breast is also usually operated to reduce or elevate it, and while doing so, the surgeon seeks the symmetry. Using micropigmentation we can also conceal the peri-areolar scars resulting from this intervention.

Not only do we perform **Micropigmentation treatments** to create areoles in breast cancer patients, but also in patients who have undergone breast augmentation, breast reduction or mastopexy (elevation) and that have suffered an areola necrosis.

Another group that also benefits from Micropigmentation of areolas is that of transsexuals, since, in changes of gender, we turn a male areola into a female one, and vice versa.

I will speak about colorimetry, so that the **areola created**, in addition to being the same size and shape, is the same color as the contralateral one.

I will play a step by step video on a synthetic breast, detailing all the maneuvers needed to create the areola.

I will also talk about the importance for these patients, at the **psychological level**, of feeling complete again.

We do not cure the disease with our work, but we enhance heal self-esteem, something very important in order to feel good about yourself.

And **finally**, I will create an areola in a patient with breast cancer in real time.

Interested people can attend my **workshop**, where they can practice my technique on synthetic skin, under my supervision.